Part C: Post-lesson activity

Activity 5: Reflective thinking on individual topic

INSTRUCTION: How do you feel about your opinion on the best emergency food for the victims? Write a short reflection. You can use the following guiding questions to brainstorm ideas.

- 1. How well is my performance on suggesting the best emergency food item?
- 2. What have I done well that helped me to make such suggestion?
- 3. What did I find difficult and why did I feel so? What have I done to solve these problems? (Or what will I do to prevent the problems from happening?)
- 4. How is this topic related to me?